

GP Newsletter

Welcome to the May edition of the GP Newsletter

Keeping contact info up to date :

Please ensure that you inform the practice as soon as any changes to your contact details are made, such as your mobile/ telephone number and address. You could miss important communication from the practice if we do not have up to date contact details. You can do this by emailing the practice, phoning us, or making the amendments yourself via your SystmOnline account. For more details on how to sign up to SystmOnline, please visit the practice reception .



Your appointment might not always be at Ashington House :



Additional services were conceived to help support Swindon GP Practices by offering quick and easy access for patients should they require an on the day consultation. Services such as The Community Pharmacy Consultation Service (CPCS) allows doctors surgeries to refer patients for minor illnesses such as, coughs/colds including blocked nose (nasal congestion) and sore throats, bruises, sun burn, constipation, and mild skin conditions such as acne, eczema, psoriasis, impetigo and athletes foot. The CPCS provides the opportunity for

community pharmacy to play a bigger role within the urgent care system.

Ashington House Surgery may also refer patients to the 'Success Clinics' The surgery will be able to book an appointment for patients who are referred to SUCCESS and these are often only 1-4 hours from the time of calling. The success centres are located at Moredon Medical Centre and Taw Hill Surgery, Moredon is equipped to dealing with 'Cold patients' (patients who are not presenting with symptoms of covid-19) and Taw Hill is equipped for dealing with 'Hot patients' (patients who are presenting with symptoms of covid-19).

The above services have been particularly helpful in seeing/treating Ashington House patients, we are a small practice with limited space so it is not always easy to fit everyone in as and when patients require help, this is why Ashington House is grateful to our patients for their flexibility in where they are being seen.

Our GP's

Dr Peter Stephenson, Dr Michelle Martin, Dr David Tomboline, Dr Alex Hamilton, Dr Suparna Das, Dr George Cooper, Dr Coralie Chapman, Dr Jenny Lazarus



Whos who:



Many of our patients will know Dr's Stephenson and Martin who have been GP partners at Ashington House for over 20 years, you may have noticed our wall plaque outside the surgery doors – traditionally GP surgery wall plaques show who the partners are for the organisation, hence why our plaque shows Dr Stephenson, Dr Martin and Mrs Beresford (our Practice Manager/Managing Partner).

This does not mean that Dr Stephenson and Dr Martin are the only permanent GP's here at the practice. Ashington House actually employs 6 more permanent consulting GP's, they are:

Dr David Tomboline
Dr Alex Hamilton
Dr Coralie Chapman

Dr Suparna Das
Dr George Cooper
Dr Jenny Lazarus

We are also joined by GP registrars on an annual basis who spend around 12/18 months with us, a GP registrar is a fully qualified doctor who is in the final stages of GP training.

Please note that we keep strictly to the rules of confidentiality. If you are complaining on behalf of someone else we have to know that you have their permission to do so. A note signed by the person concerned will suffice.

Carers:

A Carer is a person who provides or intends to provide care for an adult or disabled child. Caring can be rewarding but it can also affect your homelife, worklife, free time and your relationship with the person you care for. You don't have to live in the same house as that person to be their carer. Carers are not paid a wage to provide support and are sometimes referred to as unpaid or informal carers. As more and more of us take on the role of caring for someone, it is likely that either we are, have been, or know a carer.



Are you a Carer? We hold a register of Carers and/or Patients who have a Carer and may be able to offer you additional help, support or signpost you to organisations that can help with all types of queries including advice about benefits, housing, respite care and support groups.

We have a Carers lead – Carol, who you can speak with who will help guide you to the most appropriate person or agency if you are having any difficulties and a dedicated Carers notice board in the waiting room.

